



# Welcome to this Health Inequalities peer learning event Monday 5 December, 12.00pm-1.30pm

This virtual event is interactive.

Please ensure your camera is on so that you can participate.



# What to expect from today's session



**Peer learning is..."** an educational practice in which people interact with others to attain educational goals."

- Peer learning offers non-judgemental spaces where leaders can step back and discuss what these new ways of leading mean in practice, consider current challenges of change together, and share insights and ideas.
- There is a body of theories and methods that emphasise the role of conversation, reflection and sharing experiences in helping leaders:
  - Gain new perspectives
  - Consider familiar problems from new angles
  - Step back to build greater awareness of what is happening now
  - Learn more quickly from what has recently happened
  - Go about their work in new ways that are appropriately attuned to on-going uncertainty

### Some housekeeping...



#### We agree to give:

- Our full attention by putting on cameras and being visible to each other as a group
- Active involvement; the more you engage, the more you are likely to get out of the session: new ideas, different ways to view a challenge, peers to connect with.
- Humility; we are in an emerging landscape, in early days there is no right answer, but conversations may trigger new thinking and inform you what others are doing

#### We will get:

- Space to reflect, where uncertainty is ok
- A space in which the messiness of change can be acknowledged
- Help to talk through and make sense of what is happening now
- Different ways to share thoughts that hopefully work well for you
- Connections between you as peers
- Ideas to consider from those who understand the context you face

# What to expect today





## The links between QI and health inequalities



• Health inequalities is a complex area with many interdependent factors influencing how they affect patients and communities. Some trust leaders have told us they are not sure where to begin.

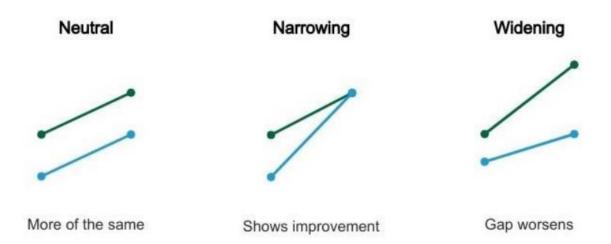
• Many trusts have well-embedded quality improvement programmes, and that embedding health inequalities as a focus of this work is an important means of spreading learning and harnessing the motivation of colleagues to drive progress on this issue.

• Equity is recognised as a pillar of health care quality, but is not always included as a core aim of QI. Sharpening our focus on equity as part of improvement journeys can help ensure QI is used to narrow gaps in access, experience or outcomes.

## **Embedding health equity as a focus of improvement**



There are several possible equity related outcomes for quality improvement work – everyone benefits
equally therefore the gap in access/experience/outcomes remains the same; the disadvantaged group
benefits more, narrowing the gap; or the advantaged group benefits more, thus widening the gap.



- Understanding and shaping these outcomes relies on a robust measurement of the baseline position and an explicit focus on equity as part of the objective of the improvement project.
- This focus can be augmented by measuring gradients of improvement, as well as absolute improvement (for example, how did access improve for people in different IMD quintiles?)

#### **Discussion**



What is the value of QI as a means for trusts to embed a focus on health inequalities and reduce inequalities in access, experience and outcomes?

#### **Breakout discussions**



What has worked well in your trust, and what have you learned, in either:

- 1. Using quality improvement to address health inequalities challenges for patients and local communities?
- 2. Embedding a focus on equity as an outcome or focus of wider quality improvement work?





#### Thank you for attending the peer learning event today

Please complete our evaluation form by scanning this QR code or click on the link in the chat.



Our next webinar is taking place on Wednesday 7 December 4.00pm-5.00pm, Supporting staff to drive health inequalities improvements in services